

A City for Everyone:

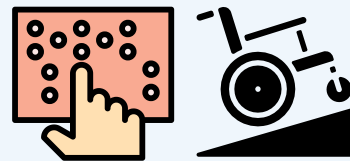
WHAT WOULD IT LOOK LIKE?

Everyone deserves to feel safe, welcome, and free in the city they live in. Let's imagine a city that respects all needs!

WHAT WOULD BE IN AN INCLUSIVE CITY?

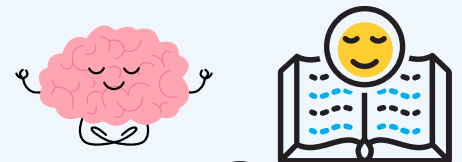
For People with Physical Disabilities

- Ramps, lifts and smooth sidewalks with no steps
- Accessible toilets in every public building
- Reserved seats and spaces on buses and trains



For People with Mental or Intellectual Disabilities

- Quiet areas in parks, shops and public offices
- Easy-to-read signs and forms
- Friendly helpers and support staff in public spaces



For People with Socio-Economic or Cultural Disadvantages

- Free or affordable transport
- Community centres for support and social life
- Free access to public internet



For Neurodivergent People (ADHD, ASD, ...)

- Timers or schedules in schools and waiting areas
- Calm sensory spaces in museums, schools, or events
- Choice and flexibility in how to communicate



For Deaf or Hard-of-Hearing People

- Sign language interpreters at events and services
- Visual alarms (flashing lights instead of sound)
- Subtitles on all public videos and announcements



Correct Answer: B) 

DID YOU KNOW?

 QUIZ: What makes a public bus accessible to everyone?

A) It has bright colours

B) It has a ramp and space for a wheelchair

C) It plays loud music

Let's Talk About It!

- What would your dream city look like?
- What could your school or neighbourhood change?



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MULTIPLE DISCRIMINATION

01.

WHICH STATEMENT BEST DESCRIBES THE CONCEPT OF MULTIPLE DISCRIMINATION IN THE CONTEXT OF WOMEN, DISABILITY, POVERTY, AND INTERSECTIONALITY?

- A) Experiencing discrimination based on only one personal characteristic.
- B) Facing overlapping forms of disadvantage due to combined factors such as gender, disability, and poverty.
- C) Ensuring all people have equal opportunities regardless of differences.



02.

Break the Bias



Women facing discrimination due to gender, disability, and poverty often feel:

- **Marginalized** – excluded from opportunities and decision-making.
- **Frustrated** – struggling against unfair barriers in daily life.
- **Invisible** – feeling overlooked or ignored by society and institutions.
- **Helpless** – lacking access to resources or support.
- **Emotionally drained** – coping with constant prejudice and inequality.

03.

Every woman deserves respect, equality, and opportunity, and no one should be judged or limited because of gender, ability, or economic status.

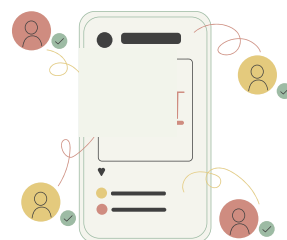


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"Everyday Inclusion: Small Acts, Big Change"



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WHICH IS AN
EXAMPLE OF
INCLUSIVE
BEHAVIOR?

- a) Speaking only to the group leader
- b) Using gender-neutral language
- c) ignoring access needs

Use Inclusive Language

The words we use matter. Choose gender-neutral terms like "everyone" or "folks," and always ask for and use the correct pronouns. Avoid assumptions and speak in ways that respect all backgrounds and identities.

Think Access & Belonging

Plan ahead with inclusion in mind. Choose step-free spaces, share info in multiple formats, and check if anyone needs support. It's about making sure everyone can join in, comfortably and equally.

Practice Everyday Kindness

Inclusion starts with simple acts — hold the door, listen actively, and make space for quieter voices. Respect how others move, speak, or interact. Small moments of kindness help everyone feel they belong.

Keep Learning & Speaking Up

No one knows everything, and that's okay. Stay open to learning, own your mistakes, and challenge stereotypes when you hear them. Inclusion grows when we lead by example and speak up for fairness.



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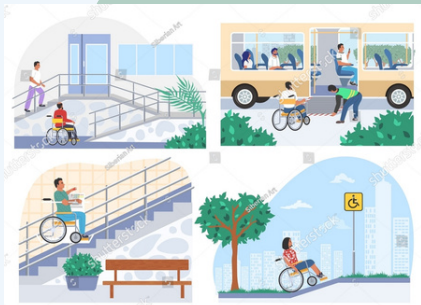
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"ACCESS FOR EVERYONE: MAKE IT HAPPEN!"

01.

WHAT'S ONE ESSENTIAL FEATURE FOR MAKING A VENUE PHYSICALLY ACCESSIBLE?

- a) Fancy Decor
- b) Ramp at Entrances
- c) Free Wi-Fi



Easy to enter & move!

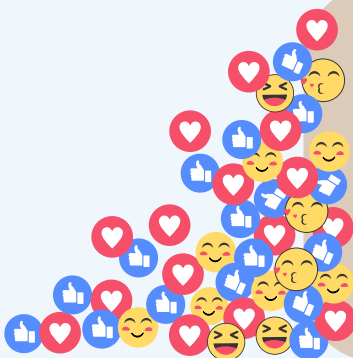
- Step-free access (ramps, lifts, etc)
- Doorways at least 80 cm wide
- Clear, obstacle-free paths
- Non-slip flooring
- Accessible toilets

02.

03.

Clear Signs & Helpful Communication

- Use signage with symbols, large text, and contrast
- Provide directional maps that are easy to follow
- Use microphones and visual aids during presentations
- Train staff to welcome and support everyone
- Share accessibility info in advance (online & on-site)



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04.



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LANGUAGE THAT WELCOMES

01.

TALKING ABOUT AND TO PEOPLE WITH RESPECT



The words we choose shape how people feel - included, respected, and valued... or not.

Inclusive language is about recognizing everyone's identity and dignity, especially those from marginalized or disadvantaged groups. Here's how to speak and write in ways that truly welcome all.

Use person-first ("student with a disability") or identity-first ("autistic person") language thoughtfully.

Avoid labels and stereotypes and replace outdated or offensive terms ("person with a disability" instead of "handicapped", "experiencing a mental health challenge" instead of "crazy")

Best practice: Ask people how they prefer to be described and respect their choice. If you make a mistake, correct yourself, apologize briefly, and move on.

02.

Go Gender-Neutral!



Terms like "everyone", "guests" or "people of all genders" are more inclusive than gendered phrases like "guys" or "ladies and gentlemen." Saying "parents and caregivers" instead of just "mothers and fathers" recognizes the diversity of family roles.

In gendered languages (for example Spanish or Italian), the schwa (ə) can help include all genders.

Inclusive group terms help people feel seen, safe, and respected from the start.

03.

Why is it important to ask someone's preferred pronouns or terminology?



Correct answer: C

A) It's just polite

B) It helps avoid awkward situations

C) It respects their identity and autonomy



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THE MULTICULTURAL FESTIVAL

CELEBRATING CULTURAL DIVERSITY IN THE SCHOOL NEIGHBOURHOOD



01.

What Is Cultural Diversity?

- People come from different countries and backgrounds.
- They may speak different languages, eat different foods and celebrate different holidays.
- It is about sharing, caring, and learning from each other, meaning we should respect and enjoy our differences.



5 Fun Ways to Celebrate in the School Neighbourhood

1. World Snack Day
2. Hello in Many Languages
3. Neighbourhood Cultural Parade Day
4. Music from Around the World
5. Cultural Treasure Hunt

02.

Easy Infographic

-  Over 7,000 languages are spoken in the world
-  Friends from different cultures make life more interesting
-  Respect brings us closer together



03.

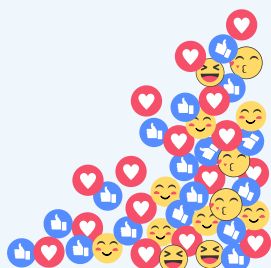
? Quiz Time!

Which of these shows cultural diversity?

- A) Everyone only eats the same food every day
- B) Students share different traditions, music, and food
- C) We only speak one language in school

✓ Correct Answer: B

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EVERYDAY ALLYSHIP: SUPPORT THE LGBTQIA+ COMMUNITY

01.

QUIZ QUESTION

What's the best way to be a good ally?

- a) Correct misgendering
- b) Assume everyone's the same
- c) Out someone's identity

Answer: a) Correct misgendering



Quick Tips:



- Use correct names & pronouns.
- Learn about LGBTQIA+ issues.
- Speak out against hate.
- Support LGBTQIA+ events & groups.
- Respect people's privacy.

02.

03.

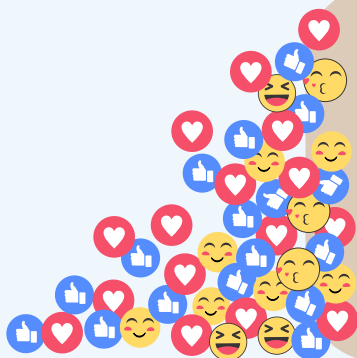
Infographic:

Be an Ally Every Day

-  Listen
-  Use Pronouns
-  Speak Up
-  Support
-  Respect Privacy



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DEAFNESS: WHAT YOU SHOULD KNOW TO WELCOME A DEAF PERSON INTO YOUR SPACE



01.

QUIZ QUESTION

What is the best way to communicate with a Deaf person when you don't know sign language?

- A) Speak louder and slower
- B) Face them and use gestures or writing ✨
- C) Avoid communication until an interpreter is available

02.

DEAFNESS: WHAT YOU SHOULD KNOW

- 👁️ Eye Contact → Always face the person
- ✋️ Gestures → Use natural gestures or write things down
- 💡 Lighting → Ensure good lighting for lip-reading
- 🔊 Noise → Reduce background noise
- 📺 Captions → Use subtitles on videos
- 🙏 Respect → Ask how they prefer to communicate

03.

KEY POINTS TO REMEMBER

Not all Deaf people use sign language; communication preferences vary.

Lip-reading is helpful but not always accurate—don't rely on it alone.

Be patient, respectful, and open to alternative communication methods.

Ask the person how they prefer to communicate—don't assume.

Creating an inclusive space means thinking about sound, light, and access.



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